

APRIL | 2019



Onekama After School Supper

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 SPRING BREAK (last day!)	2 Nacho Munchable, Salsa, Cheese Sauce, Craisins, Fruit Slush Cup	3 Grape Jamwich, Apple, Cheese Stick, Craisins, Chex Mix	4 Bosco Sticks, Marinara, Juice, Fruit Cup, Chocolate Gripz	5
8 Stuffed Pizza Pocket, Fresh Fruit, Apple Juice, Goldfish Crackers	9 Cheeseburger Sliders, Peach Cups, Juice Cheez-its	10 Hot Ham & Cheese, Mixed Berry Cup, Orange Juice, Trax Crackers	11 Steak Ranchero Taco, Salsa, Oranges, Carrots, Ranch, WG Doritos	12
15 Corn Dogs, Strawberry Cups, Fruit Punch, Sun Chips	16 Nacho Munchable, Salsa, Cheese Sauce, Craisins, Fruit Slush Cup	17 Grape Jamwich, Apple, Cheese Stick, Craisins, Chex Mix	18 Bosco Sticks, Marinara, Juice, Fruit Cup, Chocolate Gripz	19
22 Stuffed Pizza Pocket, Fresh Fruit, Apple Juice, Goldfish Crackers	23 Cheeseburger Sliders, Peach Cups, Juice Cheez-its	24 Hot Ham & Cheese, Mixed Berry Cup, Orange Juice, Trax Crackers	25 Crispy Chicken Taco, Salsa, Oranges, Carrots, Ranch, WG Doritos	26
29 Corn Dogs, Strawberry Cups, Fruit Punch, Sun Chips	30 Nacho Munchable, Salsa, Cheese Sauce, Craisins, Fruit Slush Cup	1	2	3

Information



Lunch includes selections from the Veggie Bar which may include fresh pepper strips, cherry tomatoes, cucumbers, spinach or romaine lettuce, cauliflower, broccoli, celery, and carrot sticks



All of our breads and buns are 100% whole grain



Ice cold milk options available daily: fat free white, low fat white, and fat free chocolate

Meal Prices:

Breakfast— K-12, \$1.75
Lunch - \$2.70 Elementary
\$2.95 Middle/High School
Reduced Breakfast: \$0.30
Reduced Lunch: \$0.40
Adult Breakfast -- \$2.75
Adult Lunch -- \$4.00
Deanna Fink, Head Cook
Tim Klenow, FS Director
231-889-4251 ext 4109



This Institution is an equal opportunity provider